A Walk Through Cascades: Progress and Barriers

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Disclosures

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 - Merck & Co., ViiV Healthcare
- Speaker Bureau:
 - Merck & Co.



The Spectrum of Engagement in HIV Care and its Relevance to Test-and-Treat Strategies for Prevention of HIV Infection

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Persons Living with Diagnosed or Undiagnosed HIV Infection HIV Care Continuum Outcomes, 2012 — United States and Puerto Rico



National HIV Surveillance System,: Estimated number of persons aged ≥13 years living with diagnosed or undiagnosed HIV infection (prevalence) in the United States at the end of 2012. The estimated number of persons with diagnosed HIV infection was calculated as part of the overall prevalence estimate.

Medical Monitoring Project: Estimated number of persons aged \geq 18 years who received HIV medical care during January to April of 2012, were prescribed ART, or whose most recent VL in the previous year was undetectable or <200 copies/mL—United States and Puerto Rico.

Cascade of HIV care – Sub-Saharan Africa 2013 (15 – 45 years old)



Cascade of HIV care – United Kingdom 2013



Cascade of HIV care – Netherlands 2013



Cascade of HIV care – France 2010

Cascade of HIV care – Georgia 2012

Ref: Chkhartishvili N, Sharavdze L, Chokoshvili O, DeHovitz J, Del Rio C, Tsertsvadze T. The cascade of care in the Eastern European country of Georgia. *HIV medicine* 2015;16(1) 62-66.

www.ias2015.org

Cascade of HIV care – Estonia 2013

http://www.euro.who.int/__data/assets/pdf_file/0008/255671/HIVAIDS-treatment-and-care-in-Estonia.pdf

www.ias2015.org

Cascade of HIV care – Russia 2013

Central Scientific Research Institute of Epidemiology, Russian Federal AIDS Centre, Moscow, Russian Federation.

90-90-90

An ambitious treatment target to help end the AIDS epidemic

Target 1 – Percentage of all HIV+ People Diagnosed Results

From 30 countries)

www.ias2015.org

Target 2 – Percentage of all HIV+ People on ART

Target 3 – Percentage of HIV+ People with HIV RNA suppression - Results

(*SSA = Regional average From 30 countries)

www.ias2015.org

Examples: US Cities

• San Francisco¹:

- 94% tested
- 84-91% on ART
- 64% viral suppressed

Figure 5. Comparison of HIV Indicators for MSM, San Francisco, 2004-2011.

	2004	2011
Unrecognized HIV infection	21.7%	7.5%
Tested for HIV in last 6 months	44.1%	57.8%
Currently on HIV treatment	Not available	88%
HIV incidence	2.6%	1.0%
Newly diagnosed cases	630	307
Newly diagnosed cases	630	307

• Denver²:

- 90% tested
- 75% on ART
- 86% viral suppressed

Policy to Implementation Lag

ART eligibility criteria: before 2010

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Source: Gupta, Granich (2015) www.HIVpolicywatch.org

ART : mid-2013 eligibility criteria

IACACAC INTERNATIONAL ASSOCIATION OF PROVIDERS OF AIDS CARE

Source: Gupta, Granich (2015) www.HIVpolicywatch.org

ART eligibility criteria: October, 2015

IACACAC INTERNATIONAL ASSOCIATION OF PROVIDERS OF AIDS CARE

Source: Gupta, Granich (2015) www.HIVpolicywatch.org

Policy Lag in Sub-Saharan Africa

	WHO 2009 guidelines	WHO 2013 guidelines
Date of publication	October, 2009	June, 2013
ART eligibility criteria recommended	<350 cells/mm ³	<500 cells/mm ³
Countries that adopted the recommendation	33 (99% burden)	21 (71% burden)
Average time to adopt the WHO guidelines (Range)	2 years (3 months – 4 years 8 months)	9 months (0 months – 1 year 7 months)
Countries yet to adopt the recommendation	4 (<1% burden)	16 (29% burden)

Granich, et al., unpublished data. www.hivpolicywatch.org

ART initiation for asymptomatic people

2015 WHO Recommendation : Irrespective of CD4 count

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ART eligibility criteria for asymptomatic people living with HIV Q December 2, 2015

This map follows WHO recommended standards--the boundaries and names shown and the designations used on this map do not imply official endorsement or acceptance by IAPAC

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Source: published policy

Summary of recommendations in this guideline

Recommendation 1	: When to start ART among people livin	ig with HIV	
Target population	Specific recommendation	Strength of the recommendation	Quality of the evidence
Adults• (>19 years)	ART should be initiated in all adults living with HIV at any CD4 cell count	Strong	Moderate NEW
	As a priority, ART should be initiated in all adults with severe or advanced HIV clinical disease (WHO clinical stage 3 or 4) and individuals with CD4 count <350 cells/mm ³	Strong	Moderate
Pregnant and breastfeeding women	ART should be initiated in all pregnant and breastfeeding women living with HIV at any CD4 cell count and continued lifelong	Strong	Moderate

GUIDELINES

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GUIDELINE ON WHEN TO START ANTIRETROVIRAL THERAPY AND ON PRE-EXPOSURE PROPHYLAXIS FOR HIV

SEPTEMBER 2015

Recommendation 2: Oral pre-exposure prophylaxis to prevent HIV acquisition

arget	Specific recommendation	Strength of the	Quality of
opulation		recommendation	the evidence
IV-negative ndividuals at ubstantial risk f HIV infection ^e	Oral PrEP (containing TDF) should be offered as an additional prevention choice for people at substantial risk of HIV infection as part of combination prevention approaches	Strong	High

Summary of recommendations in this guideline

Recommendation 1: When to start ART among people living with HIV				
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GUIDELINES

SEPTEMBER 2015

PROPHYLAXIS FOR HIV

How long will it take to implement universal test and treat?

Retention in care

Retention in Care and Patient-Reported Reasons for Undocumented Transfer or Stopping Care Among HIV-Infected Patients on Antiretroviral Therapy in Eastern Africa: Application of a Sampling-Based Approach

 Survey of 18,081 PLWH on ART in 14 clinics in Uganda, Kenya and Tanzania.

82% overall 2 year retention

- 69% at original clinic
- 14% transferred to new clinic
- 6% alive, but out of care
- 12% died

- Similar rates in different sites
- Reported barriers to retention:
 - Structural (transportation)
 - Clinic-based (wait time)
 - Stigma

Viral suppression sustainability?

Long-term Virological Outcomes of First-Line Antiretroviral Therapy for HIV-1 in Low- and Middle-Income Countries: A Systematic Review and Meta-analysis

T. Sonia Boender,¹ Kim C. E. Sigaloff,^{1,2} James H. McMahon,^{3,4} Sasisopin Kiertiburanakul,⁵ Michael R. Jordan,⁴ Jhoney Barcarolo,⁶ Nathan Ford,⁶ Tobias F. Rinke de Wit,¹ and Silvia Bertagnolio⁶

- Systematic review of adults on 1st line ART in LMIC from 2006-2013
- 184 cohorts
- Summary estimates of viral suppression >80% for up to 60 months (OT)
- Switches to 2nd line therapy were infrequent

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HIV drug resistance

HIV-1 drug resistance in antiretroviral-naive individuals in sub-Saharan Africa after rollout of antiretroviral therapy: a multicentre observational study

Raph L Hamers, Carole L Wallis, Cissy Kityo, Margaret Siwale, Kishor Mandaliya, Francesca Conradie, Mariette E Botes, Maureen Wellington, Akin Osibogun, Kim C E Sigaloff, Immaculate Nankya, Rob Schuurman, Ferdinand W Wit, Wendy S Stevens, Michèle van Vugt, Tobias F Rinke de Wit, for PharmAccess African Studies to Evaluate Resistance (PASER)*

THE LANCET Infectious Diseases

Global epidemiology of drug resistance after failure of WHO recommended first-line regimens for adult HIV-1 infection: a multicentre retrospective cohort study

The TenoRes Study Group[†]

N=1926; samples from 1998-2015 Lancet Inf Dis, 2016

TDR Prevalence by Class per Year

Walworth, ICAAC 2015, LB3389

Jonathan Uy, MD,* Carl Armon, MSPH, † Kate Buchacz, PhD, ‡ Kathy Wood, BSN, † and John T. Brooks, MD‡ the HOPS Investigators

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Trends in CD4 Count at Presentation to Care and Treatment Initiation in Sub-Saharan Africa, 2002–2013: A Meta-analysis

Mark J. Siedner,^{1,2,3} Courtney K. Ng,¹ Ingrid V. Bassett,^{2,3,4} Ingrid T. Katz,^{1,3,5} David R. Bangsberg,^{1,2,3,6} and Alexander C. Tsai^{1,3,6,7}

Figure 2. Temporal trends in CD4 count at presentation to care (A) and initiation of antiretroviral therapy (B) in sub-Saharan Africa during 2002-2013.

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Who's in? Who's not?

Percentage of Americans with HIV who Receive Care according to Risk Group

Source: Hall, FRLBX05, slide 18

ADOLESCENTS, YOUNG ADULTS, & THE HIV/AIDS CARE CONTINUUM

"HIY Among Youth in the US." Centers for Disease Control and Prevention. Centers for Disease Control and Prevention, 08 Jan. 2013. Web. 03 Apr. 2014. http://www.cdc.gov/vitalsigns/HIVAmongYouth/index.html. "HIY/AIDS Care Continuum." AIDS.gov. U.S. Department of Health & Human Services, 18 Dec. 2013. Web. 18 Apr. 2014. http://www.cdc.gov/vitalsigns/HIVAmongYouth/index.html. Brus, Eric. "MAI/NEHEC Monthly Health Disparities Update: March 2014." Health Disparities Update. AIDS Action Committee, 17 Mar. 2014. Web. 18 Apr. 2014. http://www.aac.org/get-info/health-disparities-update/archive/update-march-2014.html. Zanoni, Brian C., MD, MPH, and Kenneth H. Mayer, MD. "The Adolescent and Young Adult HIY Cascade of Care in the United States: Exaggerated Health Disparities." AIDS Patient Care and STDs

28.3 (2014): 128-35. Print.

ADOLESCENTS, YOUNG ADULTS, & THE HIV/AIDS CARE CONTINUUM

100%

"Most interventions to address the cascade have been developed for adults. These are not particularly generalizable to youth struggling with identity formation, economic hardships, and unstable housing."

 Brian C. Zanoni, MD, MPH and Kenneth H. Mayer, MD, "The Adolescent and Young Adult HIV Cascade of Care in the United States: Exaggerated Health Disparities."

"HIV Among Youth in the US." Centers for Disease Control and Prevention. Centers for Disease Control and Prevention, 08 Jan. 2013. Web. 03 Apr. 2014. http://www.cdc.gov/vitalsigns/HIVAmongYouth/index.html. "HIV/AIDS Care Continuum." AIDS.gov. U.S. Department of Health & Human Services, 18 Dec. 2013. Web. 18 Apr. 2014. http://www.cdc.gov/vitalsigns/HIVAmongYouth/index.html. Brus, Eric. "MAL/NEHEC Monthly Health Disparities Update: March 2014." Health Disparities Update. AIDS Action Committee, 17 Mar. 2014. Web. 18 Apr. 2014. http://www.aac.org/get-info/health-disparities-update/archive/update-march-2014.html. Zanoni, Brian C., MD, MPH, and Kenneth H. Mayer, MD. "The Adolescent and Young Adult HIV Cascade of Care in the United States: Exaggerated Health Disparities." AIDS Patient Care and STDs

28.3 (2014): 128-35. Print.

The HIV care continuum among men who have sex with men in Moscow, Russia: a cross-sectional study of infection awareness and engagement in care

A L Wirtz, ^{1,2} C E Zelaya, ¹ C Latkin, ³ A Peryshkina, ⁴ N Galai, ⁵ V Mogilniy, ⁴ P Dzhigun, ⁴ I Kostetskaya, ⁴ S H Mehta, ⁵ C Beyrer¹

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Inaction/Action

PLOS ONE

Trends in AIDS Deaths, New Infections and ART Coverage in the Top 30 Countries with the Highest AIDS Mortality Burden; 1990– 2013

A CAC INTERNATIONAL ASSOCIATION OF PROVIDERS OF AIDS CARE

Granich, PLOS One 2015

120 days since WHO treatment guideline update

4100 AIDS-related deaths per day 493,000 preventable deaths

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IAPAC Guidelines for Optimizing the HIV Care Continuum for Adults and Adolescents

International Advisory Panel on HIV Care Continuum Optimization¹

- Optimizing the care environment
- Increasing HIV testing coverage and linkage to care

Increasing HIV treatment coverage

- The immediate offer of ART after HIV diagnosis, irrespective of CD4 count or clinical stage, is recommended
- Viral load testing at least every six months is recommended as the preferred tool for monitoring ART response
- Increasing retention in care, ART adherence and viral suppression
- Metrics for monitoring the HIV care continuum

PARIS DECLARATION 1 December 2014

FAST-TRACK CITIES: ENDING THE AIDS EPIDEMIC

Cities Achieving 90-90-90 Targets by 2020

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Fast-Track Targets

by 2020

90-90-90 Treatment by 2030

95-95-95 Treatment

500 000 New infections among adults

ZERO

Discrimination

200 000 New infections among adults

ZERO

Walking through cascades

- Care cascades are everywhere, but often unnoticed.
- 90-90-90 isn't too ambitious, or unachievable.
- Long-term retention/engagement and viral suppression possible.
- Epidemic drug resistance hasn't happened
 - Though late entry to care increases risk
- Thousands are at risk every day. We must have the courage to act now

Thanks! Merci!

