

THE COLLECTION OF TOOLS FOR STRENGTHENING THE HIV RESPONSE AMONG MSM AND TRANS PEOPLE

COMPENDIUM

PART TWO 2020–2022

Developed by ECOM — Eurasian Coalition on Health, Rights, Gender and Sexual Diversity

CONTENTS

GENERAL SITUATION	4
Assessment of the needs of transgender people in the CEECA region	5
Regional overview of trans communities and contexts in 12 countries of Eastern Europe and Central Asia	5
Assessment of the needs of LGBT+ youth in the EECA region	
Assessment of the needs of ECOM members and partners in accessing	
health and rights in Ukraine: wartime research report	6
Regional report on the results of the EMIS-2017 study in Belarus, Moldova and Ukraine. European online survey of men who have sex with men (MSM)	
 Success stories of ECOM members: collection of best practices for supporting the LGBT community in the EECA region	7
Report on the results of an assessment on access to social protection services for gay and bisexual men, other MSM and trans people in Georgia	8
 Online Care: Mapping digital and remote medical and social services for key populations in relation to HIV in the region of CEECA. Part 1 	8
 Online Care: Mapping digital and remote medical and social services for key populations in relation to HIV in the region of CEECA. Part 2: Best practices in the provision of digital and remote medical and social HIV services 	9
HIV SERVICES FOR MSM AND TRANS PEOPLE	10
HIV SERVICES FOR MSM AND TRANS PEOPLE Comprehensive package of HIV interventions for transgender people in Eastern Europe and Central Asia	
Comprehensive package of HIV interventions for transgender people	11
Comprehensive package of HIV interventions for transgender people in Eastern Europe and Central Asia	11
Comprehensive package of HIV interventions for transgender people in Eastern Europe and Central Asia Smart guide to using the TRANSIT	11 11 12
Comprehensive package of HIV interventions for transgender people in Eastern Europe and Central Asia Smart guide to using the TRANSIT Best practices: Safe space for the provision of HIV prevention services among MSM Risk behavior and adversity of male PrEP users in Ukraine during	11 11 12
Comprehensive package of HIV interventions for transgender people in Eastern Europe and Central Asia Smart guide to using the TRANSIT Best practices: Safe space for the provision of HIV prevention services among MSM Risk behavior and adversity of male PrEP users in Ukraine during the COVID-19 pandemic: Pre-war needs assessment	11 12 12
Comprehensive package of HIV interventions for transgender people in Eastern Europe and Central Asia Smart guide to using the TRANSIT Best practices: Safe space for the provision of HIV prevention services among MSM Risk behavior and adversity of male PrEP users in Ukraine during the COVID-19 pandemic: Pre-war needs assessment «That's what I do when I feel pain». Guide on working with chemsex users	11 12 12 13
Comprehensive package of HIV interventions for transgender people in Eastern Europe and Central Asia Smart guide to using the TRANSIT Best practices: Safe space for the provision of HIV prevention services among MSM Risk behavior and adversity of male PrEP users in Ukraine during the COVID-19 pandemic: Pre-war needs assessment «That's what I do when I feel pain». Guide on working with chemsex users Best NGO practices in organizing services for MSM practicing chemsex	11 12 12 13 13
Comprehensive package of HIV interventions for transgender people in Eastern Europe and Central Asia Smart guide to using the TRANSIT Best practices: Safe space for the provision of HIV prevention services among MSM Risk behavior and adversity of male PrEP users in Ukraine during the COVID-19 pandemic: Pre-war needs assessment «That's what I do when I feel pain». Guide on working with chemsex users Best NGO practices in organizing services for MSM practicing chemsex Psychotrauma: Effective practices for coping and building resilience	11 12 12 13 13 14
Comprehensive package of HIV interventions for transgender people in Eastern Europe and Central Asia Smart guide to using the TRANSIT Best practices: Safe space for the provision of HIV prevention services among MSM Risk behavior and adversity of male PrEP users in Ukraine during the COVID-19 pandemic: Pre-war needs assessment «That's what I do when I feel pain». Guide on working with chemsex users Best NGO practices in organizing services for MSM practicing chemsex Psychotrauma: Effective practices for coping and building resilience ADVOCACY AND COMMUNITY PARTICIPATION IN DECISION-MAKING PROCESSES Overview of the meaningful involvement of representatives of the LGBT community in decision-making and in monitoring Global Fund grants in countries	

Building broad coalitions for budget advocacy	. 17
Compendium of best practices on developing broad coalitions for budget advocacy (small grants experience)	. 18
LEGAL ENVIRONMENT	. 19
Analysis of national legislation related to SOGI and HIV	. 20
O Armenia	. 20
O Kazakhstan	. 20
O Kyrgyzstan	. 20
O Moldova	. 20
O Russia	. 20
O Tajikistan	. 21
O Uzbekistan	. 21
O Ukraine	. 21
COUNTERING STIGMA AND DISCRIMINATION	. 22
Surrounded by hate: Regional report on violations of the right to health	
of gay men, other MSM and trans people in the EECA region in 2021	. 23
 Like living on a different planet: Gays, bisexual men and trans people vulnerable to abuse, imprisonment and discrimination in Uzbekistan 	. 23
Report on violations of the rights of trans people in Armenia, Kazakhstan and Tajikistan during the COVID-19 pandemic	. 24
Internalized transphobia and opportunities for mobilizing communities of transgender and gender non-conforming people	. 24
Study of internalized transphobia: abbreviated version of results	. 25
Training module on trans competency	. 25
Study on the attitudes of staff of key social services towards LGBT people in five countries of Central and Eastern Europe and Central Asia	. 26
COMMUNITY-BASED MONITORING	. 27
Cascade of continuous HIV care for MSM in EECA	. 28
Cascade of continuous HIV care for MSM (country cascades)	. 28
Analysis of data of cascades of HIV services among MSM in the EECA region. Overview of the results of national studies conducted in 2020	. 28
O Azerbaijan	. 29
O Armenia	. 29
O Kyrgyzstan	29
O Ukraine	29
Guide on developing, analyzing, and using a cascade of continuous HIV services for trans people	29

Analysis of the cascade of HIV services among trans people	30
O Armenia	30
O Kyrgyzstan	30
ORGANIZATIONAL DEVELOPMENT OF COMMUNITY ORGANIZATIONS	31
Best NGO practices on alternative fundraising: work with embassies	32
Training module: Leadership school for trans people	32
Technical guide on organizing national LGBT conferences based on the example of Ukraine	33
«For free, but not a gift»: working with volunteers in LGBT organizations in Eastern Europe and Central Asia	33
COVID-19 SITUATION ASSESSMENT: Quarantine measures effect on LGBT community NGOs working in the field of HIV prevention	34
ONLINE COURSES	35
MSMIT online training course	36
Online training course on the TRANSIT	36
Online course «Pre-exposure prophylaxis and using online technologies for effective counseling»	37
Technical Guide «Pre-exposure prophylaxis and using online technologies for effective counseling»	37
«Sex no one talks about»: Basic online course for professionals working with people who practice chemsex	38
Online course «Quality School: Quality management models and HIV service standards for vulnerable groups in the EECA region»	38
Online course on preventing emotional burnout among activists	39
«Shine, don't burn out!», online course on preventing emotional and professional burnout	39
ECOM TECHNICAL ASSISTANCE	40
REPORTS	41
Annual Reports	41



The purpose of this compendium is to collect and systematize the main methodological, programmatic and practical materials prepared by ECOM's team in 2020-2022 as part of various programs and projects.

The practical information presented can be useful for interested individuals and organizations whose work involves various issues related to MSM and trans people: strategic information related to HIV among MSM and trans people, developing and implementing HIV services, protecting the rights of MSM and trans people, combating stigma and discrimination, building the capacity of civil society organizations, and providing technical assistance.

The tools and documents collected in this publication are also recommended for use in the development and implementation of national HIV prevention programs for MSM and trans people, including as part of Global Fund grants.

The documents and tools have been systematically organized into eight sections and are accompanied by links to the publications in Russian, English or other languages if available.

For all questions regarding the documents and tools posted in this publication, as well as their use, you can contact the ECOM team at contactaecom.ngo

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ECOM, 2023



ASSESSMENT OF THE NEEDS OF TRANSGENDER PEOPLE IN THE CEECA REGION



The goal of the study was to assess the needs of transgender people in Armenia, Belarus, Georgia, Kyrgyzstan and Macedonia for the further planning of programs in the fields of medical, social and legal assistance and protection, health and HIV/STI prevention, and community capacity development in the CEECA region. The target audience is representatives of transgender communities aged 18 and over permanently residing in the countries included in the study. Respondents were recruited using the snowball method with the help of staff of national LGBT organizations.

Date of publication: 2020



REGIONAL OVERVIEW OF TRANS COMMUNITIES AND CONTEXTS IN 12 COUNTRIES OF EASTERN EUROPE AND CENTRAL ASIA



The first comprehensive study covering 12 countries in the EECA region and providing a comprehensive overview of the contexts of these countries in relation to trans people. Desk research, conducted by systematizing secondary data for 2016-2020, made it possible to describe processes and phenomena in the global context and at the regional level, as well as to present the historical context of the countries. The study provides a broad overview of international and regional documents available for the region that are relevant to trans people or specifically dedicated to trans people, as well as overviews of the following countries: Azerbaijan, Armenia, Belarus, Georgia, Kazakhstan, Kyrgyzstan, Moldova, Russia, Tajikistan, Turkmenistan, Ukraine, and Uzbekistan. The report describes the legislative and law enforcement situation of each country, and presents data on opportunities for protecting the rights of trans people, news coverage in the media, the existence and activities of trans or LGBT organizations, as well as on community health, including in the context of HIV.



ASSESSMENT OF THE NEEDS OF LGBT+ YOUTH IN THE EECA REGION



This pilot study focuses on a special subgroup of LGBT+ people: youth. Quantitative analysis of the responses to the survey, as well as additional data gleaned from interviews and focus groups, allow us to conclude that LGBT+ youth in the EECA region face a wide range of problems. These problems can be divided into four segments: political problems, access to the healthcare system, discrimination in the workplace, and problems with access to education. Based on the analysis, these four segments are arranged in a hierarchical order: in other words, respondents are more likely to encounter problems in the political field (90%) than in the educational field (30%). Therefore, the main needs expressed by LGBT+ youth in EECA are related to political rights and freedoms.

Date of publication: 2021





ASSESSMENT OF THE NEEDS OF ECOM MEMBERS AND PARTNERS IN ACCESSING HEALTH AND RIGHTS IN UKRAINE: WARTIME RESEARCH REPORT









Since February 24, 2022, when Russia launched a full-scale invasion of Ukraine, the needs and demands of both key communities and service providers in Ukraine have changed. The HIV epidemic in Ukraine remains concentrated in key communities, including men who have sex with men (MSM) and trans people. Thanks to the strong efforts of the non-governmental sector and government agencies, as of 2022, significant progress has been made in improving the access of these communities to health and rights. The war has had a serious impact on their access to health and rights. Although it will only be possible to fully assess the real scale of the impact following the end of the war, it is already important to understand what needs are relevant for gay men, MSM and trans people, what difficulties arise in meeting them, how must the work of service providers be reformatted, and what kind of support and assistance is needed from international organizations, in particular ECOM. The publication presents the results of a study aimed at identifying and assessing the needs of ECOM members and partners in Ukraine in relation to accessing health and rights, in particular in the context of changes caused by Russian military aggression.

REGIONAL REPORT ON THE RESULTS OF THE EMIS-2017 STUDY IN BELARUS, MOLDOVA AND UKRAINE. EUROPEAN ONLINE SURVEY OF MEN WHO HAVE SEX WITH MEN (MSM)



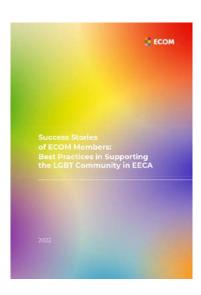
The main goal of the study is to collect data for planning programs for the prevention and treatment of HIV infection, STIs and viral hepatitis among MSM, who are recognized as one of the key populations in the context of these diseases. In addition, stigma and discrimination against MSM, as well as certain subcultural characteristics, lead to the fact that MSM may have specific needs related to mental health and substance use.

The analytical sample on which the report is based included 391 respondents in Belarus, 498 in Moldova and 1,051 in Ukraine. An invitation to participate in the study was disseminated through dating applications (primarily Hornet) and non-governmental organizations working with gay and LGBT people.

Date of publication: 2020



SUCCESS STORIES OF ECOM MEMBERS: COLLECTION OF BEST PRACTICES FOR SUPPORTING THE LGBT COMMUNITY IN THE EECA REGION



The brochure presents successful practices in the activities of ECOM members, including organizations, initiatives, and individual activists, who fight every day to improve the quality of life of LGBT people in the region of Eastern Europe and Central Asia. Stories about different approaches to improving the quality of life of LGBT people in EECA were collected: from working with the state to updating the estimated number of MSM in the country, working with bloggers and influencers, to organizing public events and protests.





REPORT ON THE RESULTS OF AN ASSESSMENT ON ACCESS TO SOCIAL PROTECTION SERVICES FOR GAY AND BISEXUAL MEN, OTHER MSM AND TRANS PEOPLE IN GEORGIA



The report presents the results of a comprehensive assessment of the health and social protection system in Georgia using the HIV and Social Protection Assessment Tool. The assessment was carried out by a team of 25 experts, including representatives of the Georgian government, international agencies, local community organizations of people living with HIV, and LGBTOI+ people.

A number of barriers to accessing healthcare and social protection services were identified. Recommendations were provided on removing such barriers and making the Georgian healthcare and social protection system more responsive to the needs of gay and bisexual men, other MSM and trans people.

Date of publication: 2022





ONLINE CARE: MAPPING DIGITAL AND REMOTE MEDICAL AND SOCIAL SERVICES FOR KEY POPULATIONS IN RELATION TO HIV IN THE REGION OF CEECA. PART 1



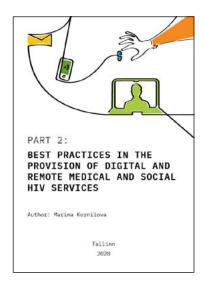
The report is the result of mapping of digital (online) and remote medical and social services for representatives of key populations in the CEECA region.

The document describes current practices in the provision of services to key populations in different countries of the CEECA region using online technologies, as well as the needs of NGOs and beneficiaries that need to be taken into account for the effective implementation of such services. The results of this analysis can be useful both for NGOs and public medical institutions providing digital or remote medical and social services to key populations, as well as for organizations that are planning to introduce these services. In addition, the information provided can be used to promote and advocate for digital and remote health and social services among key populations in the CEECA region.





ONLINE CARE: MAPPING DIGITAL AND REMOTE MEDICAL AND SOCIAL SERVICES FOR KEY POPULATIONS IN RELATION TO HIV IN THE REGION OF CEECA. PART 2: BEST PRACTICES IN THE PROVISION OF DIGITAL AND REMOTE MEDICAL AND SOCIAL HIV SERVICES



The report describes best practices based on the mapping of digital (online) and remote health and social services for representatives of key populations in the CEECA region. The publication describes best practices for implementing interventions, such as remote HIV testing (distribution of safe boxes), web outreach, chat bots, telemedicine, vending machines, etc.

Date of publication: 2020 z.







COMPREHENSIVE PACKAGE OF HIV INTERVENTIONS FOR TRANSGENDER PEOPLE IN EASTERN EUROPE AND CENTRAL ASIA

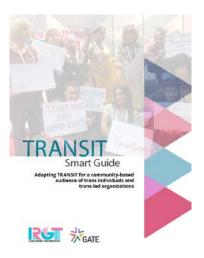


The activities included in the package presented are based on the international TRANSIT recommendations, taking into account the social and legal specificities of the EECA countries.

The publication presents a wide range of interventions related to gender transition, which are considered methods for HIV prevention, as well as a set of motivational activities. The classification of HIV prevention and treatment interventions itself is based on the «health impact pyramid». The package of services presented in the document provides a comprehensive, maximum set of trans-competent interventions, the implementation of which should result in a systematic reduction in the spread of HIV and, in general, an improvement in the quality of life of transgender people. This package of HIV-related interventions is a model and needs to be adapted to the conditions of a particular country for implementation at the national level.

Date of publication: 2022

SMART GUIDE TO USING THE TRANSIT



This guide is an adaptation of the TRANSIT for transgender people and staff of trans-led organizations.

The TRANSIT is a practical guide to implementing comprehensive HIV and STI programs with transgender people developed by the WHO, UN agencies and the IRGT network. The TRANSIT is a tool that provides practical advice on how services should be designed and implemented so that they are acceptable and accessible to transgender people.





BEST PRACTICES: SAFE SPACE FOR THE PROVISION OF HIV PREVENTION SERVICES AMONG MSM

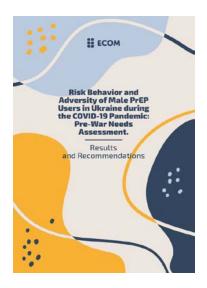


The organization of a safe space for representatives of groups vulnerable to HIV, which include MSM, is an important component of HIV prevention and is relevant for regions and cities where there are non-governmental organizations made up of community representatives, as well as for those where there are no such organizations. The manual describes successful examples of organizing a safe space, what various organizations and institutions should take into account when establishing a safe space, as well as possible activities: medical and social, socio-psychological, informational and educational, legal, socio-economic, personal services, career guidance, and skills acquisition.

Date of publication: 2020



RISK BEHAVIOR AND ADVERSITY OF MALE PREP USERS IN UKRAINE DURING THE COVID-19 PANDEMIC: PRE-WAR NEEDS ASSESSMENT

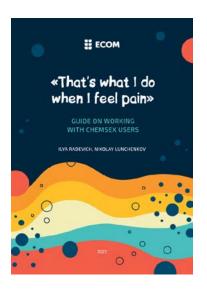


The original goal of the study was to understand how the COVID-19 pandemic has affected mental health, substance use, and intimate partner violence among gay men taking pre-exposure prophylaxis (PrEP) to prevent HIV in Ukraine. The study found a high level of symptoms of depression and anxiety, as well as an increase in rates of substance use and intimate partner violence; these trends are expected to increase further in the near future as a result of Russia's war against Ukraine. This policy brief provides key findings and recommendations for Ukrainian authorities, international donors and organizations, and Ukrainian NGOs to strengthen existing services and to develop new services to meet the health needs of LGBT people in Ukraine.





«THAT'S WHAT I DO WHEN I FEEL PAIN». GUIDE ON WORKING WITH CHEMSEX USERS



The guide attempts to answer questions about how working with people who practice chemsex compares to working with people who use drugs, and about how to organize help and support for people who practice chemsex. The document describes chemsex as a cultural phenomenon with its own history and specific substances, what substances clients use when practicing chemsex, and what chemsex is in the life of the LGBT community. According to the authors, the main value of this publication is five «living» stories of working with people who practice chemsex, based on which different facets of chemsex and the place it occupies in the lives of different people who seek help are revealed.

Date of publication: 2022





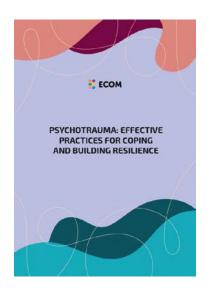
BEST NGO PRACTICES IN ORGANIZING SERVICES FOR MSM PRACTICING CHEMSEX



This publication contains a description of the best practices of NGOs in the EECA region in organizing services for MSM who practice chemsex. The publication describes the experiences of Ukraine (NGO «ALLIANCE.GLOB-AL»), Russia (NGO «Support of Social Initiatives and Public Health» (LaSky) and the Andrey Rylkov Foundation for the Promotion of Health Protection and Social Justice), Georgia (NGO «Equality Movement») and Moldova (Information Center «GENDERDOK-M»).



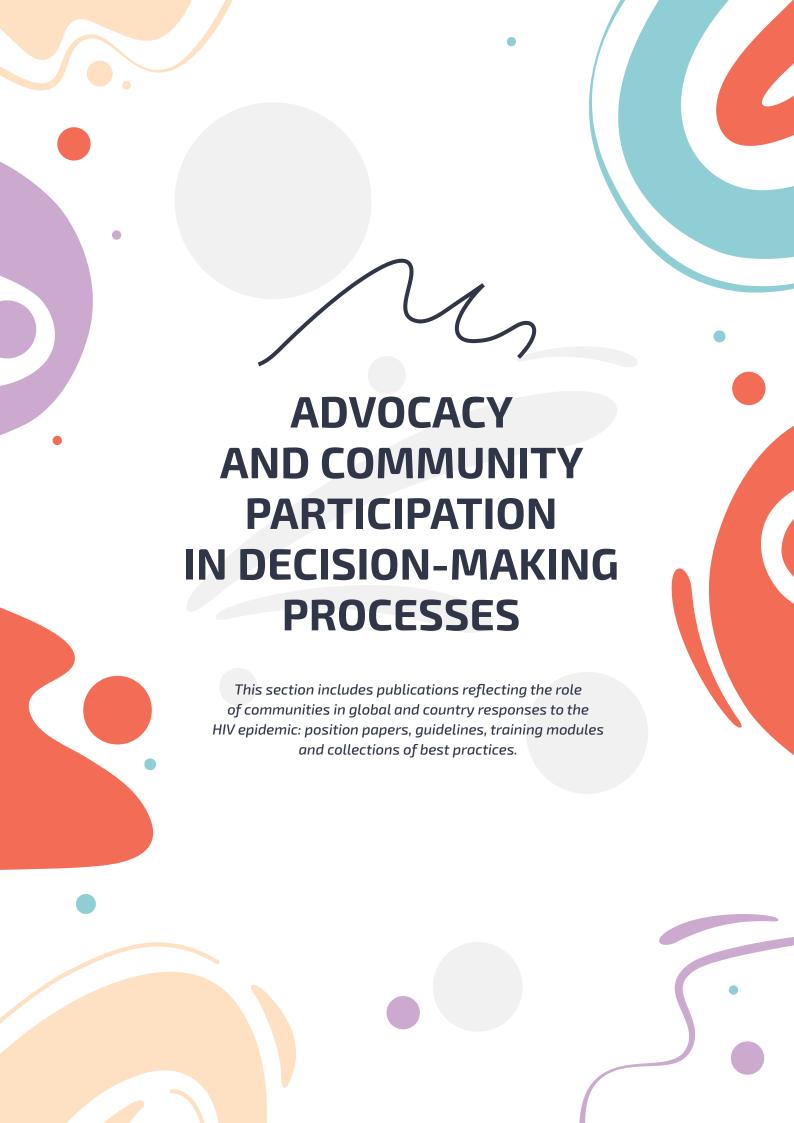
PSYCHOTRAUMA: EFFECTIVE PRACTICES FOR COPING AND BUILDING RESILIENCE



This guide is the first step in raising awareness about psychotrauma in the LGBT community, as well as in describing how to provide support to clients experiencing trauma. The goal of the authors was to draw attention to this topic and provide background information on what a specialist/peer counselor/social worker can do when they are approached by clients with symptoms of trauma or PTSD. In addition, the guide contains tips on how to help clients reduce stress when they seek services, as well as a number of simple techniques to help them build their resilience and cope with challenges.







OVERVIEW OF THE MEANINGFUL INVOLVEMENT OF REPRESENTATIVES OF THE LGBT COMMUNITY IN DECISION-MAKING AND IN MONITORING GLOBAL FUND GRANTS IN COUNTRIES OF THE REGION OF EASTERN EUROPE AND CENTRAL ASIA



The overview is based on data collected by ECOM on how MSM and trans people are involved in processes related to grants from the Global Fund to Fight AIDS, Tuberculosis and Malaria in several countries of the region. In addition to presenting data, the compendium aims to introduce readers to the people who participate in this work and protect the interests of their communities. With the help of journalist Elena Derzhanskaya, interviews were conducted with well-known activists who represent MSM and trans people in the country coordinating committees of Kazakhstan, Kyrgyzstan, Moldova and Ukraine.

The key conclusion of the publication is that the successful prevention and treatment of HIV and tuberculosis in key populations can turn the tide of the epidemic in society as a whole.

Date of publication: 2020

TRAINING MODULE «GLOBAL FUND IN FOCUS: OBSERVING, PARTICIPATING, INFLUENCING». TRAINING FOR REPRESENTATIVES OF THE TRANS COMMUNITY

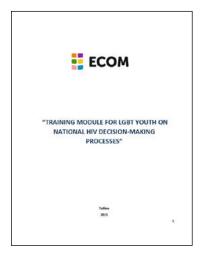


The training «Global Fund in focus: Observing, participating, influencing» is designed to train representatives of trans communities in countries of the EECA region. The goal of the one-day training is to strengthen the advocacy and communication capacity of trans people to increase their visible and meaningful participation at all stages of the country process, from developing applications for funding to implementing Global Fund projects. The training may be useful primarily for young activists from trans initiative groups and organizations, as well as for representatives of civil society who conduct advocacy campaigns for trans people.





TRAINING MODULE FOR LGBT YOUTH ON NATIONAL HIV DECISION-MAKING PROCESSES



The training module on conducting trainings for young people to familiarize them with national HIV decision-making processes was developed to train LGBT youth in the countries of the EECA region. The goal of the one-day training is to strengthen the advocacy and communication capacity of LGBT youth to increase their visible and meaningful participation in national decision-making processes on HIV. The module is intended for young activists from LGBT youth initiative groups, as well as for representatives of civil society who conduct advocacy campaigns for LGBT youth.

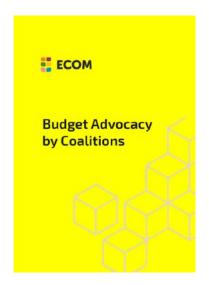
Date of publication: 2021







BUILDING BROAD COALITIONS FOR BUDGET ADVOCACY



Toolkit for national organizations of key populations and multi-organization consortiums whose main goal is to advocate for the interests of their communities, especially in the context of the sustainability of HIV prevention and treatment services.



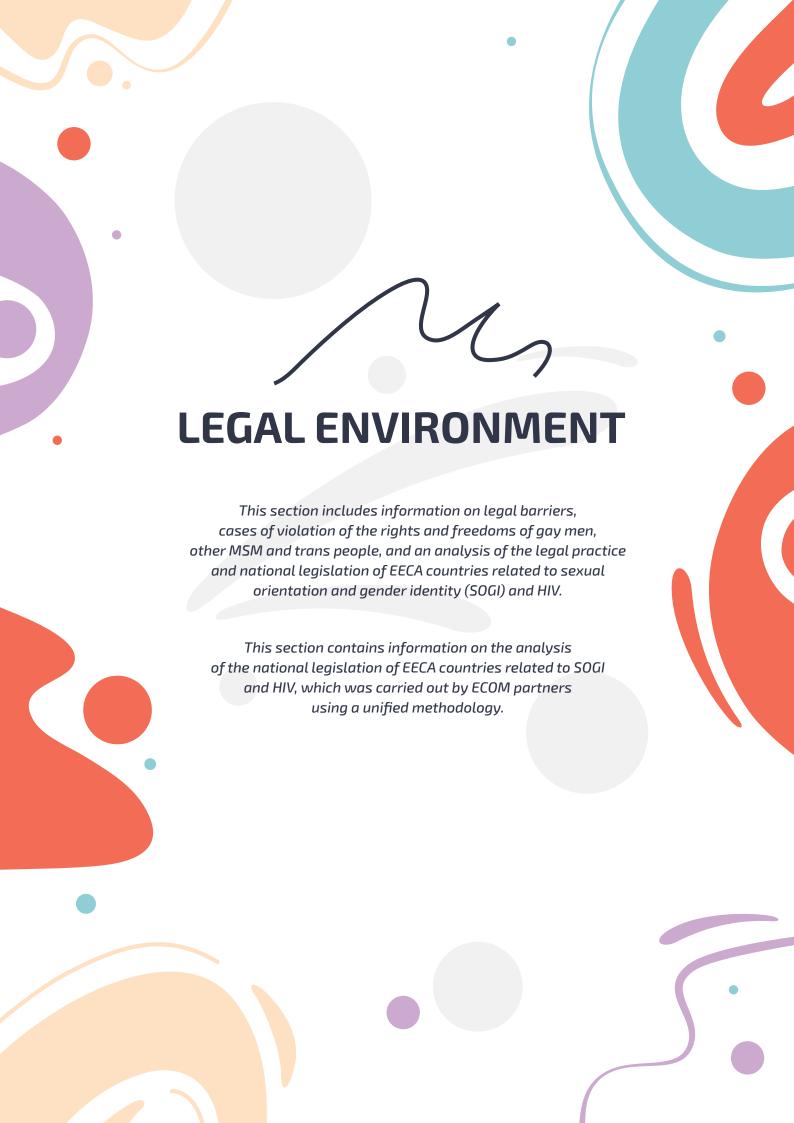


COMPENDIUM OF BEST PRACTICES ON DEVELOPING BROAD COALITIONS FOR BUDGET ADVOCACY (SMALL GRANTS EXPERIENCE)



The compendium presents the best practices and success stories of partners of the Eurasian Regional Consortium project «Thinking outside the box: Overcoming challenges in community advocacy for sustainable high-quality HIV services» who implemented small grants to build broad coalitions for budget advocacy.



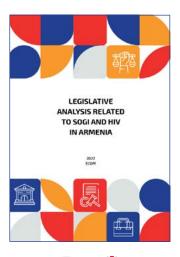


ANALYSIS OF NATIONAL LEGISLATION RELATED TO SOGI AND HIV

The goal of the comparative country analyses was to identify legal barriers and problems in areas where necessary legislation is already in place, but does not fully ensure gay men, other MSM, and trans people the possibility of realizing their rights and freedoms. For this analysis, ECOM developed a methodology and a survey, which our national partners helped us carry out. When analyzing legal practice, both judicial practice and governmental statistics were taken into account, as well as messages from activists, information and statistics from organizations involved in documenting cases of human rights violations and protecting human rights, press reports, and reports of non-governmental organizations to international bodies.

Dates of publication: 2020, 2021, 2022

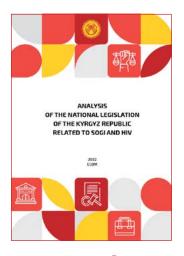
Armenia



Kazakhstan



Kyrgyzstan (2022)



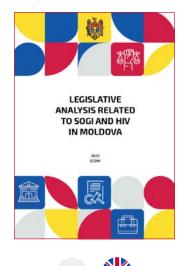




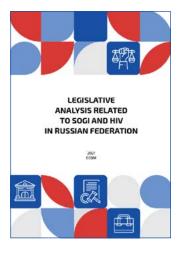
Kyrgyzstan (2020)



Moldova



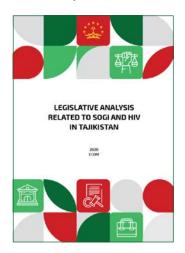
Russia







Tajikistan



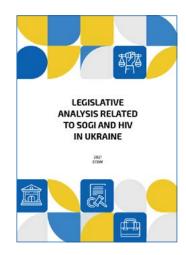


Uzbekistan





Ukraine







SURROUNDED BY HATE: REGIONAL REPORT ON VIOLATIONS OF THE RIGHT TO HEALTH OF GAY MEN, OTHER MSM AND TRANS PEOPLE IN THE EECA REGION IN 2021



This regional report on violations of the right to health of gay men, other MSM and trans people in the EECA region in 2021 was developed according to the results of a consolidated analysis based on data collected by ECOM network consultants as part of monitoring violations of the right to health in Belarus, Kazakhstan, Kyrgyzstan, Russia, Tajikistan, Uzbekistan and Ukraine. All cases entail a violation of human rights based on the SOGI or HIV status of the victims. In addition to the countries mentioned above, the report also reviews the legislative frameworks of Georgia and Moldova.

Date of publication: 2022





LIKE LIVING ON A DIFFERENT PLANET: GAYS, BISEXUAL MEN AND TRANS PEOPLE VULNERABLE TO ABUSE, IMPRISONMENT AND DISCRIMINATION IN UZBEKISTAN



This report was prepared jointly by the Association for Human Rights in Central Asia (AHRCA), the Eurasian Coalition on Health, Rights, Gender and Sexual Diversity (ECOM), and the International Partnership for Human Rights (IPHR).

The organizations provided information on documented cases of human rights violations against gay and bisexual men, trans people, and their friends or relatives who are in Uzbekistan or who have been forced to migrate abroad. The organizations that produced this report also reviewed materials such as court documents from prosecutions of same-sex sexual relations between men, as well as videos of homophobic intimidation and violence that were disseminated through Internet messengers and social media groups.





REPORT ON VIOLATIONS OF THE RIGHTS OF TRANS PEOPLE IN ARMENIA, KAZAKHSTAN AND TAJIKISTAN DURING THE COVID-19 PANDEMIC



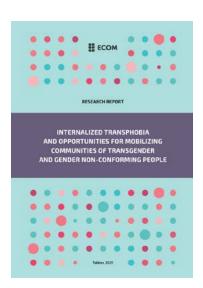
This publication presents the results of a combined study on the situation of and data on trans people during the COVID-19 pandemic, which was conducted based on the hypothesis that there is insufficient research on the situation of trans people and their needs in normal times. The goal of the study is to identify and describe violations of human rights, including the right to health, faced by trans people in the three countries included in the study during the COVID-19 pandemic. Based on the information that was collected and analyzed, a set of recommendations was developed to improve mechanisms for collecting information and to develop possible protocols for responding to global challenges, which should contain instructions specific to key populations, including trans people.

Date of publication: 2022





INTERNALIZED TRANSPHOBIA AND OPPORTUNITIES FOR MOBILIZING COMMUNITIES OF TRANSGENDER AND GENDER NON-CONFORMING PEOPLE



The report describes the results of research on internalized transphobia and opportunities for mobilizing communities of transgender and gender-nonconforming people. The study became one of the largest in the region in terms of the number of respondents. Internalized transphobia remains a «grey area» for research in the post-Soviet region, however, through their work, the researchers were able to identify a number of trends, including which trans people are more willing to interact with medical personnel and seek help in connection with HIV prevention, treatment and testing, and which trans people are more likely to be stigmatized and discriminated against in various countries.





STUDY OF INTERNALIZED TRANSPHOBIA: ABBREVIATED VERSION OF RESULTS







The goal of the study was to assess the level of internalized transphobia in the EECA region, its impact on health and access to healthcare services, including in connection with HIV, in order to improve the situation through community efforts. The study showed that the higher the level of internalized transphobia, the less often trans people go to doctors and defend their right to health.

This publication is an abbreviated version of the study results allowing for more convenient dissemination to stakeholders.

Date of publication: 2021

TRAINING MODULE ON TRANS COMPETENCY



This training module was developed in response to a need to simplify preparations for trainings for doctors and decision-makers working with transgender people. The target audience of such trainings are decision-makers (people who have influence on access to health services, as well as to legal and social benefits) and healthcare professionals (medical professionals, as well as administrators of medical institutions, medical students and everyone involved in providing medical services to transgender people). The purpose of the trainings is to train relevant specialists on the principles of a trans-affirmative/trans-inclusive approach in order to overcome negative prejudice towards transgender people and increase access to medical services and other social benefits.





STUDY ON THE ATTITUDES OF STAFF OF KEY SOCIAL SERVICES TOWARDS LGBT PEOPLE IN FIVE COUNTRIES OF CENTRAL AND EASTERN EUROPE AND CENTRAL ASIA



The goal of this study was to examine the attitudes of social and medical workers and the police towards LGBT people in five CEECA countries: Armenia, Belarus, Georgia, Kyrgyzstan and North Macedonia. As the survey showed, the personal attitudes of respondents towards LGBT people is rather positive: the majority are of the opinion that homosexuality should be accepted in society, and assess their own attitude towards LGBT people as positive or neutral.







CASCADE OF CONTINUOUS HIV CARE FOR MSM IN EECA



The cascade of continuous HIV care for men who have sex with men (MSM) allows you to assess the effectiveness of national responses to the HIV epidemic and demonstrates the coverage, accessibility and quality of individual HIV prevention and treatment services through the ratio between those who need services and those who achieve positive changes as a result of receiving these services. The cascade clearly shows where there are gaps in the provision of HIV services, and where progress has been made towards the global «90-90-90» targets in the response to the HIV epidemic.

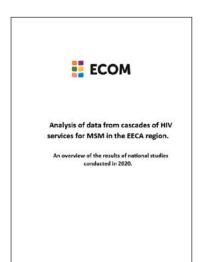
Date of publication: 2020



CASCADE OF CONTINUOUS HIV CARE FOR MSM (COUNTRY CASCADES)

The studies were initiated, developed and carried out by LGBT communities in EECA countries. They mainstream issues related to the provision of HIV services among gay, bisexual and other MSM in order to identify service gaps.

Analysis of data of cascades of HIV services among MSM in the EECA region. Overview of the results of national studies conducted in 2020



The analysis summarizes the data of the national cascades of Azerbaijan, Armenia, Belarus, Kazakhstan, Kyrgyzstan, Russia (Moscow region) and Ukraine conducted in 2020 by partner organizations and ECOM members, and also provides recommendations for achieving the cascade targets.





Azerbaijan Armenia Kyrgyzstan Ukraine Ukraine Kyrgyzstan Ukraine Kyrgyzstan Ukraine Kyrgyzstan Ukraine

GUIDE ON DEVELOPING, ANALYZING, AND USING A CASCADE OF CONTINUOUS HIV SERVICES FOR TRANS PEOPLE



The guide is intended to assist in the collection, analysis and use of data on the availability of services within the proposed comprehensive HIV health care package for trans people at the country level, as well as on the level of coverage of trans people with such services. This guide is relevant because there is a critical lack of strategic information on trans people and HIV

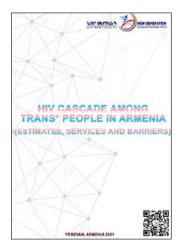
This guide is an adaptation of ECOM's 2017 «Guide on developing, analyzing and using a cascade of continuous HIV care for MSM». It aims to highlight gaps in the continuum of HIV services for trans people, and provides insight into where progress is being made towards the achievement of the «95-95» targets.





ANALYSIS OF THE CASCADE OF HIV SERVICES AMONG TRANS PEOPLE

Armenia





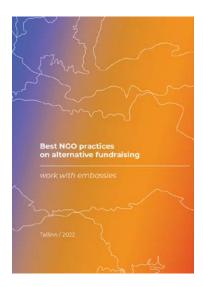
Kyrgyzstan







BEST NGO PRACTICES ON ALTERNATIVE FUNDRAISING: WORK WITH EMBASSIES



One of ECOM's main objectives is to help expand funding for national LGBT community organizations and other organizations providing services for LGBT people in EECA countries. An important component of this objective is to analyze the experience of attracting alternative sources of funding to improve the quality of life of LGBT communities in EECA countries, including through work with the embassies of other states.

When writing the report, interviews with representatives of non-governmental organizations in EECA countries and information from open sources were used. Respondents were selected by open invitation. The report describes practices that respondents considered the most significant in reflecting their experience of cooperating with embassies.

Date of publication: 2022





TRAINING MODULE: LEADERSHIP SCHOOL FOR TRANS PEOPLE



This is a unique training module, the first of its kind in the region of Eastern Europe and Central Asia. It is unique in that it was created by trans people for trans people: it conveys the community's real, lived experiences, and much needed knowledge.

The training module was developed by the region's first trans expert group, the Trans People Working Group on HIV and Sexual Health in Eastern Europe and Central Asia (TPWG). The goal of this school is to involve the trans community in decision-making processes related to HIV programs in the countries of the EECA region.





TECHNICAL GUIDE ON ORGANIZING NATIONAL LGBT CONFERENCES BASED ON THE EXAMPLE OF UKRAINE



The publication reflects extensive experience in preparing for and holding national LGBTI and MSM-services conferences dating back to the beginning of 2008. The purpose of the guide is, on the one hand, to provide universal answers to questions that arise during preparations for conferences in order to save the organizing committee from needing to «manually» make decisions every time; and on the other hand, to provide stakeholders with a standard, algorithmic and structured tool for preparing and holding national-level conferences dedicated to the issues of the LGBTI movement and HIV services for MSM and other key populations, which will be useful for any organization, project or individual that takes on the organization of such large-scale events. The guide was prepared by the Expert Group on the Health and Rights of Gay Men and Other MSM in Ukraine.

Date of publication: 2020



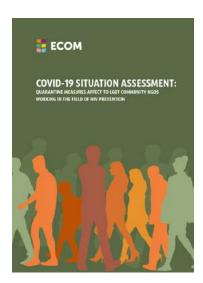
«FOR FREE, BUT NOT A GIFT»: WORKING WITH VOLUNTEERS IN LGBT ORGANIZATIONS IN EASTERN EUROPE AND CENTRAL ASIA



This publication is a unique compendium describing the experience of organizations operating in our region. Organizations from Armenia, Belarus, Georgia, Kyrgyzstan, and Macedonia discuss their work with volunteers. Each example described can become a source of inspiration for you and tell you what role volunteers play in the LGBT movement in countries, and how important their work is in preventing and treating HIV infection.



COVID-19 SITUATION ASSESSMENT: QUARANTINE MEASURES EFFECT ON LGBT COMMUNITY NGOS WORKING IN THE FIELD OF HIV PREVENTION



The publication highlights the results of ECOM's rapid assessment carried out in April 2020 to determine how the COVID-19 epidemic and related quarantine measures are affecting LGBT NGOs working in the field of HIV prevention and other sexual health issues in CEECA countries.

The purpose of the study was to find out how the work of NGOs has changed due to quarantine measures; to what extent organizations have the resources needed to survive in an emergency; what they do to ensure the safety of their clients and employees; and what they consider to be important challenges for the future in order to reduce the risks associated with epidemics similar to COVID-19. 33 respondents from 25 cities in 11 CEECA countries took part in the assessment.







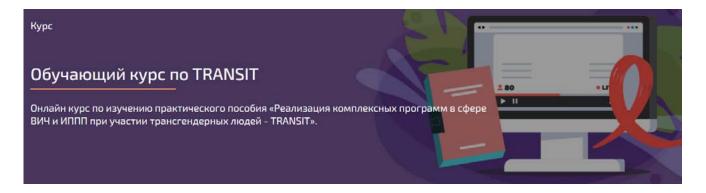
MSMIT ONLINE TRAINING COURSE



The purpose of this training course is to increase the effectiveness of the implementation of HIV prevention, care and support programs, as well as programs implemented by communities aimed at maintaining the health of MSM. An objective of the course is to increase the level of knowledge about the content of MSMIT, including by improving participants' understanding of the development of comprehensive programs for the preservation of the health of MSM based on the principle of community empowerment. Each lesson/session consists of a substantive part, references to the document itself, which require self-study, and additional materials.

Information about the course

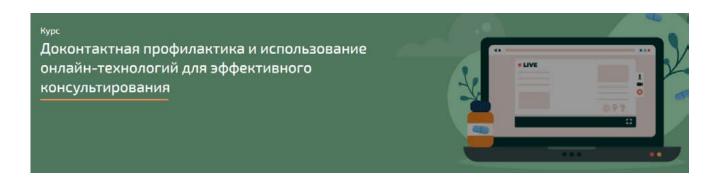
ONLINE TRAINING COURSE ON THE TRANSIT



The training course is intended for staff of NGOs, activists working with trans people, and specialists from other organizations implementing programs for trans people and together with trans people. The online course was developed in order to disseminate knowledge about the international TRANSIT tool: a guide for implementing comprehensive HIV and STI programs with the participation of transgender people.

Information about the course

ONLINE COURSE «PRE-EXPOSURE PROPHYLAXIS AND USING ONLINE TECHNOLOGIES FOR EFFECTIVE COUNSELING»



The course is intended for professionals who provide counseling or plan to provide counseling on issues related to pre-exposure prophylaxis for HIV among MSM and trans people. It is the quintessence of modern methods of sexual health service delivery and consists of four lessons that present the principles of online work step by step.

Information about the course

TECHNICAL GUIDE «PRE-EXPOSURE PROPHYLAXIS AND USING ONLINE TECHNOLOGIES FOR EFFECTIVE COUNSELING»



The technical guide «Pre-exposure prophylaxis and using online technologies for effective counseling» is the quintessence of modern methods of sexual health service delivery. Global digitalization is changing the world and online services are becoming more and more in demand. Sexual health is no exception. This publication is a technical guide for civil society organizations.





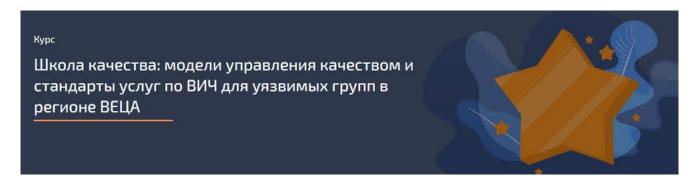
«SEX NO ONE TALKS ABOUT»: BASIC ONLINE COURSE FOR PROFESSIONALS WORKING WITH PEOPLE WHO PRACTICE CHEMSEX



How is chemsex different from classic sexualized substance use? What are the characteristics of working with people who practice chemsex compared to working with people who use drugs? How to organize help and support for people who practice chemsex? The main goal of this course is to attempt to answer these and other questions. These topics are covered step by step in order to educate participants on how to work with people who practice chemsex.

Information about the course

ONLINE COURSE «QUALITY SCHOOL: QUALITY MANAGEMENT MODELS AND HIV SERVICE STANDARDS FOR VULNERABLE GROUPS IN THE EECA REGION»



The course consists of four lessons covering the quality of services concept in the healthcare sector and management system, as well as the basics of standardization. The course provides an understanding of what a service is and what the quality of services means, which will help to introduce quality services in organizations, and advocate for the implementation of quality services in medical institutions and at the governmental level within countries.

Information about the course

ONLINE COURSE ON PREVENTING EMOTIONAL BURNOUT AMONG ACTIVISTS



The course provides recommendations for mental health professionals who will accompany activists in a short-term program aimed at reducing or preventing burnout. The course contains written materials, videos and a workbook for 6 sessions, which are called " working days", as well as a description of the methodology for the course. Each stage contains a block of information and a practical section, which the client can perform both on their own or in cooperation with a professional. The video materials, presentations and audio materials can be used as ready-made handouts or as a basis for creating your own materials.

Information about the course

«SHINE, DON'T BURN OUT!», ONLINE COURSE ON PREVENTING EMOTIONAL AND PROFESSIONAL BURNOUT

Курс
Гори, но не сгорай!

A lack of quick and concrete results, the danger of organizing human rights campaigns, a lack of high-quality anti-discrimination laws, a lack of public support, insufficient wages and instability of funding, and much more can affect the development of the syndrome of professional and emotional burnout among activists. In order to prevent professional burnout and support activists, ECOM developed a second online course, which can be conducted by the psychologists of public organizations for staff members, and is also available for individual study. In each section of the course, both a video lecture and theoretical materials are available, in some lessons there are also files with additional homework assignments.

Information about the course



One of ECOM's important activities is the provision of technical assistance to partner organizations, including assistance to strengthen organizational capacity and ensure the sustainability of organizations and the services they provide.

ASSISTANCE

To submit a request for technical assistance, you must fill out

REQUEST FORM

ECOM also provides technical assistance under the Global Fund's Community, Rights and Gender Program (CRG).

Detailed information on requests and the submission of applications can be found at link.



Annual Report (2022)



Annual Report (2021)











Annual Report (2020)







