



3^я РЕГИОНАЛЬНАЯ КОНСУЛЬТАЦИЯ

по ВИЧ среди МСМ и транс*людей в ВЕЦА

18-19 ноября 2019 года | Таллинн, Эстония



Проводится совместно
с Европейским региональным бюро ВОЗ

Sex and sexuality of transgender people in the context of HIV response

Results of 2017-2018 study



Eurasian Coalition
on Male Health



UNAIDS



UNFPA



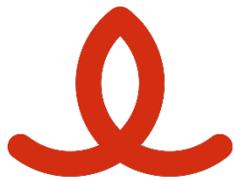
Empowered lives.
Resilient nations.



M-PACT
GLOBAL ACTION
FOR GAY MEN'S HEALTH & RIGHTS



Глобальный фонд



3^я РЕГИОНАЛЬНАЯ КОНСУЛЬТАЦИЯ

по ВИЧ среди MSM и транс*людей в ВЕЦА

18-19 ноября 2019 года | Таллинн, Эстония



Проводится совместно
с Европейским региональным бюро ВОЗ

Egor Burtsev, St. Petersburg, Russia

PhD student at the Herzen University.

Research interests: gender, transgender people, sexuality, masculinity, well-being.

Administrative coordinator of Trans* Coalition in the post-Soviet space.

Psychologist of Human to Human initiative group.

ECOM member. WPATH member.





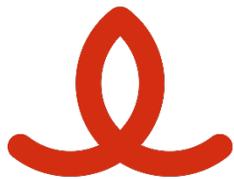
3^я РЕГИОНАЛЬНАЯ КОНСУЛЬТАЦИЯ
по ВИЧ среди MSM и транс*людей в ВЕЦА
18-19 ноября 2019 года | Таллинн, Эстония



Проводится совместно
с Европейским региональным бюро ВОЗ

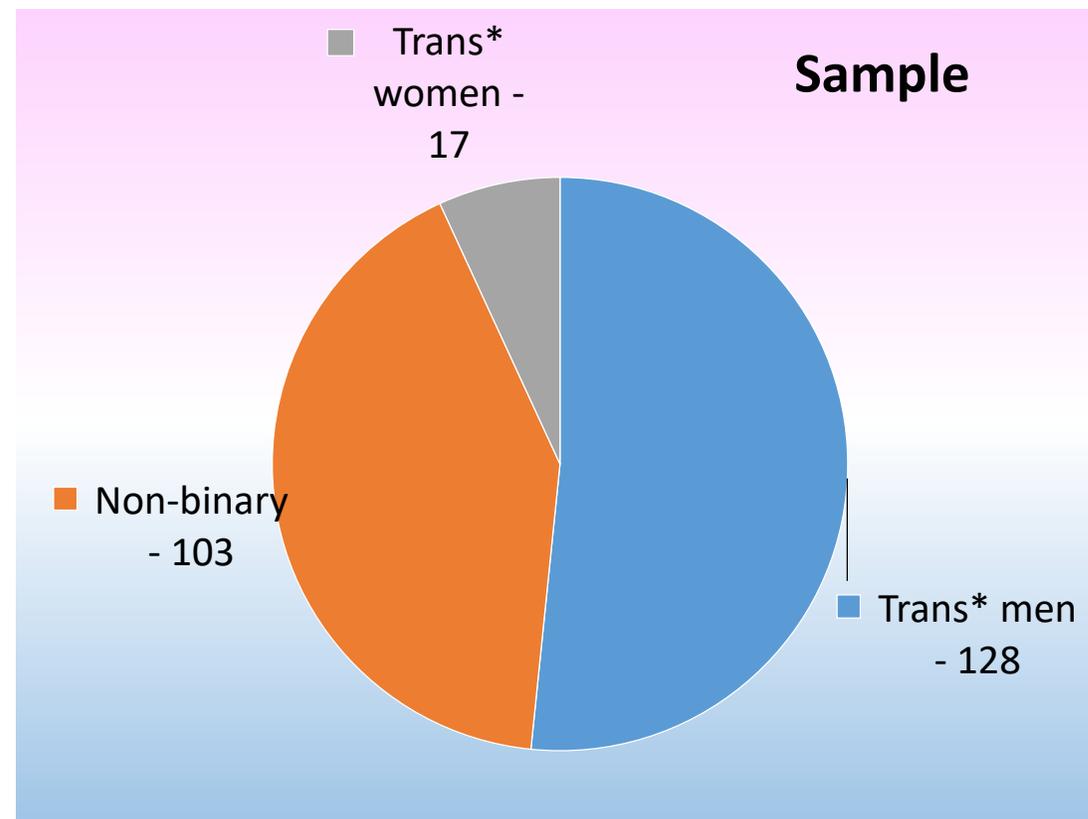
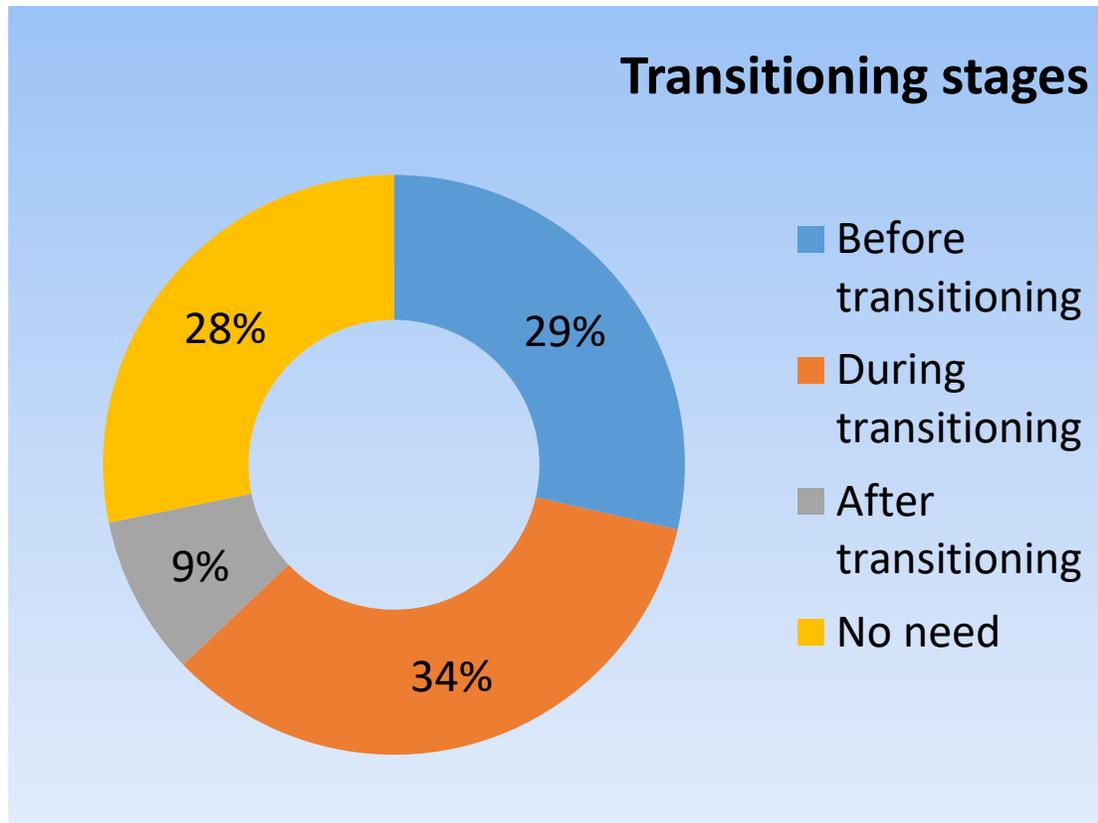
Depathologization and challenges

- Sexuality of transgender people is an important component of their life quality.
- Neglect from the side of official medicine and lack of knowledge in this area lead to the growing risks of HIV and STIs.
- Before us, almost no one in Russia studied the problem of risky sexual behavior in various groups of trans* people.

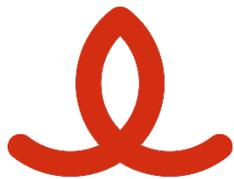


3^я РЕГИОНАЛЬНАЯ КОНСУЛЬТАЦИЯ
по ВИЧ среди MSM и транс*людей в ВЕЦА
18-19 ноября 2019 года | Таллинн, Эстония

The sample included 248 transgender people aged from 16 to 44 years old



* Only current trends can be described with regard to trans* women.



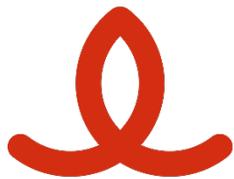
3^я РЕГИОНАЛЬНАЯ КОНСУЛЬТАЦИЯ
по ВИЧ среди МСМ и транс*людей в ВЕЦА
18-19 ноября 2019 года | Таллинн, Эстония



Проводится совместно
с Европейским региональным бюро ВОЗ

Methodology

1. Utrecht Gender Dysphoria Scale.
2. General Health Questionnaire, GHQ-12.
3. Sexual Attitudes for Self and Others Questionnaire (SASOQ).
4. Sexual Arousability Inventory (SAI).
5. SDI Questionnaire.
6. The Multidimensional Sexual Self-Concept Questionnaire.
7. Body-Image Questionnaire (BIQ).
8. Own Body-Image Questionnaire.



3^я РЕГИОНАЛЬНАЯ КОНСУЛЬТАЦИЯ
по ВИЧ среди МСМ и транс*людей в ВЕЦА
18-19 ноября 2019 года | Таллинн, Эстония



Проводится совместно
с Европейским региональным бюро ВОЗ

Non-binary people

- The most important outcome of the survey was identifying a number of factors defining risky sexual behavior among non-binary people – the group, which is usually overlooked when talking about HIV and STI risks.
- General attitudes to their bodies are better among non-binary people, so in intimate relations they feel rather free, with rare and not so intensive physical dysphoria, mostly related to the external assessment (which in this regard is rather strong and triggering as it significantly interferes with their socialization).



3^я РЕГИОНАЛЬНАЯ КОНСУЛЬТАЦИЯ

по ВИЧ среди МСМ и транс*людей в ВЕЦА

18-19 ноября 2019 года | Таллинн, Эстония

Non-binary people



Проводится совместно
с Европейским региональным бюро ВОЗ

- Non-binary people often report various sex practices - polyamory, swinging, anal/oral/vaginal sex, chemsex, BDSM practices, etc.
- At the same time, they are careless about the safety of their sexual contacts.
- Non-binary people have the lowest level of self-control and reflection as compared to other groups.
- They are concerned about sexual and erotic activities and reflect a lot about their sexuality, but in practice they do not think about their protection, focusing on sex or on their partners.



3^я РЕГИОНАЛЬНАЯ КОНСУЛЬТАЦИЯ

по ВИЧ среди MSM и транс*людей в ВЕЦА

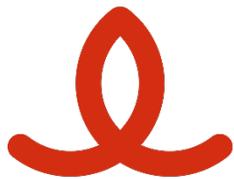
18-19 ноября 2019 года | Таллинн, Эстония



Проводится совместно
с Европейским региональным бюро ВОЗ

Non-binary transgender people, being to a large extent a **“blind spot”** for the society and something unclear, “unnatural” for many specialists, cause serious concerns in terms of **risky sexual behavior and exposure to HIV and STIs.**

Unfortunately, it should be noted that there are very few mentions of **the importance of prevention activities** and support of this group.



Trans* men

3^я РЕГИОНАЛЬНАЯ КОНСУЛЬТАЦИЯ

по ВИЧ среди MSM и транс*людей в ВЕЦА

18-19 ноября 2019 года | Таллинн, Эстония



Проводится совместно
с Европейским региональным бюро ВОЗ

- Sex-related tension in this group is higher due to body dysphoria and lack of surgeries or low-quality surgeries.
- Often, trans* men agree to any sexual contacts if their body and sexuality are accepted and can “put up” with things for the sake of their partner.
- Their sexuality is rejected by the society and it makes them readily accept any opportunities of sex.
- However, trans* men are concerned about their health and realize that it is important to visit doctors even despite of their dysphoria and associated feeling of shame.



3^я РЕГИОНАЛЬНАЯ КОНСУЛЬТАЦИЯ

по ВИЧ среди MSM и транс*людей в ВЕЦА

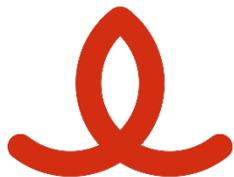
18-19 ноября 2019 года | Таллинн, Эстония

Trans* men



Проводится совместно
с Европейским региональным бюро ВОЗ

- They practice anal, vaginal and oral sexual contacts.
- If their bodies are accepted, their anxiety drops down and serious risks occur.
- The need to visit specialized doctors (gynecologists for trans* men) causes their protests and dysphoria attacks.
- Besides, they follow the pattern saying “men never get sick”.



3^я РЕГИОНАЛЬНАЯ КОНСУЛЬТАЦИЯ
по ВИЧ среди MSM и транс*людей в ВЕЦА
18-19 ноября 2019 года | Таллинн, Эстония



Проводится совместно
с Европейским региональным бюро ВОЗ

Trans* women

As there was a small sample, we can only define the trends identified in the course of our study

- Trans* women feel the biggest discomfort due to their physical characteristics.
- However, they manage their sexual behavior well and highly rank themselves as sexual partners. At the same time, they are least satisfied with their sexual contacts.
- They also reported the lowest fear of sexual contacts combined with the highest confidence that they can protect themselves from sex-related problems.
- Thus, they have a lower level of anxiety, which could contribute to unwanted sexual contacts and hinder timely protection from infections.



3^я РЕГИОНАЛЬНАЯ КОНСУЛЬТАЦИЯ
по ВИЧ среди MSM и транс*людей в ВЕЦА
18-19 ноября 2019 года | Таллинн, Эстония

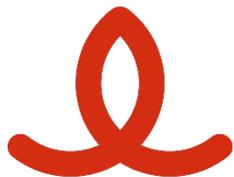
Trans* women



Проводится совместно
с Европейским региональным бюро ВОЗ

- They avoid going to health facilities and if they visit doctors, they feel discomfort because of the negative attitude from the side of health professionals.
- Their sexual contacts are often incidental.
- Low health-seeking behavior also leads to a situation when diseases and infections are not detected in due time.





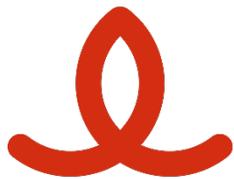
3^я РЕГИОНАЛЬНАЯ КОНСУЛЬТАЦИЯ

по ВИЧ среди MSM и транс*людей в ВЕЦА

18-19 ноября 2019 года | Таллинн, Эстония

Conclusions

- Trans* people are not just a risk group, they **do not have an opportunity to get information** about their sexuality.
- Besides, trans* people are reluctant to visit doctors due to the **high level of distrust** and **lack of understanding** among doctors of how to work with them.
- We would like to note: **without studying the peculiar features of trans* people's sexuality and sex behavior, it is not possible to create high-quality prevention programs for them.**
- **Social stigmatization and pathologization** are an important factor, contributing to the risks, which make trans* people avoid taking care of their health, be ashamed of their bodies, not talk about their sexuality with specialists and avoid seeking health care.



3^я РЕГИОНАЛЬНАЯ КОНСУЛЬТАЦИЯ
по ВИЧ среди MSM и транс*людей в ВЕЦА
18-19 ноября 2019 года | Таллинн, Эстония

Conclusions



Проводится совместно
с Европейским региональным бюро ВОЗ

- It is important to pay attention to **non-binary people, who have a very high level of risky sexual behavior.**
- Non-binary people **do not fit** into the perceptions of many specialists and researchers and remain unnoticed. It leads to the **risks for sexual and mental health** of such people.
- It is also important to pay attention to the **group of transgender men.** In post-Soviet countries, this group is almost three times bigger than the group of transgender women, which differentiates us from the Western countries. At the same time, this group is still ignored by researchers and **most specialists have no idea** about their existence and problems.



3^я РЕГИОНАЛЬНАЯ КОНСУЛЬТАЦИЯ

по ВИЧ среди MSM и транс*людей в ВЕЦА

18-19 ноября 2019 года | Таллинн, Эстония



Проводится совместно
с Европейским региональным бюро ВОЗ

Thank you!

Egor Burtsev, St. Petersburg

Human to Human Initiative Group

Trans* Coalition in post-Soviet space

egor.burtsev@outlook.com

+7-911-737-29-50 (phone, Telegram, WhatsApp)



ЧЕЛОВЕК –
ЧЕЛОВЕКУ



HUMAN
TO HUMAN

